



## VIDEO ENTRY GUIDELINES

Please read these guidelines carefully - your video entry **MUST** comply with these guidelines or it will not be judged.

1. Videos must be 2 - 3 minutes in length. Longer videos will not be watched beyond 3 minutes.
2. Video entries will be judged on presentation, pole skill and performance ability.
3. Videos **MUST** be on YouTube or Vimeo. Downloadable files are not allowed. Videos may be on unlisted setting in youtube, but not private.
4. The title of the video on YouTube must say that it is a Step Up entry, and must have the entrant's name in the title, e.g. Michelle Shimmy's entry in Step Up, 2020.
5. The description of the video on YouTube or Vimeo must contain the entrant's proposed performance description (so that the judges can easily refer to it while watching).  
- For example: "In my proposed performance at Step Up Sydney 2020, I will be portraying a nerdy school girl who desperately wants to prove she's not a young girl anymore bound by her books.
6. Videos must not be edited in any way and must be filmed in one single take (i.e. no splicing together of different clips).
7. Videos must be of good quality with sufficient lighting.
8. Only one video will be viewed per entrant, per category. Entrants cannot submit multiple videos, unless they are entering more than one category and wish to provide a different video for each category entered.
9. The video must show only the entrant performing. It is not acceptable to submit a group performance and ask the judges to identify the entrant in the group. Human props are allowed to be in the video if they are being used as human props.
10. It is strongly advised that competitors submit a video that matches the Step Up criteria. It is also important to make sure you have a balance between tricks and floorwork, and that you demonstrate that you have strong performance skills and have good stage presence, even if your video is filmed in a studio setting. The judges want to see that you are capable of engaging and connecting with an audience.